



How to Create the Measuring Tape

Use the comparison shapes at the bottom of the page to ensure the page has been printed at the correct size. If they're too small or too large, adjust your printer settings as necessary

1. Cut out the bold, dotted lines along the two outside edges of the measuring tape, cutting completely across the entire page
2. Cut along the dotted center line from the end with the Care+Wear Logo  until you reach the gray area, stopping about 1/2" away from the edge of the paper
3. Fold the lower portion backwards along the solid line marked FOLD 1, being sure you can still see the text FOLD 1
4. Folding the other solid line marked FOLD 2, flip the lower portion of the tape up so that the gray sections are facing each other, and are no longer visible
5. You should now have one continuous measuring tape approximately 21" long
6. Optional: Use a piece of clear tape to secure the folds

How to Use the Measuring Tape

1. With the help of a friend, have them wrap the tape around your arm at the location of your PICC Line Insertion Site
2. Locate the end of the measuring tape with the Logo  and take note of the size selection where the tape overlaps. Wherever this end of the tape lands, that's your size!

